# SYS 455 Sociology of Ageing

## Objectives:

The objectives of this course are

1. To study the changes in the age composition of different societies
2. To study various implications of the increasing ageing population.
3. To learn to accommodate the aged population in family and community.
4. To understand the significance of aged in modern society.
5. To study various strategies, programmes and measures adopted for rehabilitation of elderly people.
6. To make aware of stresses and strains created by economic dislocation and physical disabilities for elderly
7. To generate positive and respectful attitudes towards the elderly.

## Course Outcome:

CO1. Accommodating the aged in modern society.
CO2. Psychological, sociological and economic rehabilitation of elderly.
CO3. Make aware of stresses and strains of elderly.
CO4. Profile of changes in the age composition of different societies
CO5. Implications of the increasing ageing population.
CO6. Usefulness of the elderly in modern society.
CO7. Strategies and programmes adopted in a modern society for elderly.
CO8. Positive and respectful attitudes towards elderly.

## Course Content:

**UNIT – I : Introduction:** **Hrs - 14**

a. Emergence of Sociology of Ageing as a discipline
b. Scope and Significance of Sociology of Ageing
c. Trends and Patterns of Ageing –Global and Indian Scenario

**UNIT – II : Aspects of Ageing:** **Hrs - 12**

a. Factors of Ageing; Problems of Ageing
b. Changing Family and its effect; Feminisation of ageing and widowhood
c. Theories of Ageing

**UNIT – III : Health Status of the Aged:** **Hrs - 12**

a. Ailments and health problems of the aged
b. Dementia and Alzheimer disease
c. Nutritional factors; Social aspects of nutrition amongst the aged

**UNIT –IV : Adjustments in Later Life:** **Hrs - 14**

a. The Caregivers; Informal Support and Its Relevance in Later Life
b. Living Arrangements of Elderly; Ageing and Retirement
c. New concepts - HALE, ( Healthy Active Life Expectancy)Ageism, Gerento phobia, Active Ageing

**UNIT – V : The State and the Elderly:** **Hrs - 12**

a. Role of the State – Policies and Programmes for the Aged in India
b. Role of NGOs in the care of the aged
c. National Policy on the Aged

## Reference Books:


Alfred de Souza and Walter Fernandes (ed). 1982. *Ageing in South Asia* : *Theoretical Issues and Policy Implications*, New Delhi, Indian Social Institute.

Biswas, S. K. 1987. (ed.) *Ageing in Contemporary India* Calcutta : Indian Anthropological Society.

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Chowdhary, S. K. (ed). 1992. *Problems of the Aged and of Old Age Homes*, Bombay, Akshar Prathi Roop Ltd.

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Kumudini, Dandekar. 1996. *The Elderly in India*, New Delhi, Sage.

Mishra. S. 1987. *Social Adjustment in Old Ages*. B.R. Publishers, New Delhi.

Devi, Gayatri and Shanti.**G** 2020 *Thinking Gender-Socio-Cultural Perspectives* (Eds.). New Delhi: Concept Publishing Company.

Rajan, Irudaya and Gayatri Balagopalan. 2017 *Elderly* Care in India Societal and State Response**.** Springer Nature.

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